

If you feel your mental illness is getting in the way of your happiness...

If you are afraid of not being able to live on your own...

If you have ever felt others do not understand you...

If you wonder why you feel this way...

We believe you can recover from your mental health issues.

We believe that with education, support and skills training you can learn to manage the symptoms of your mental illness.

We believe you want a better and brighter future.

We believe we can help.

We are Step By Step, Inc.

We are Mobile Psychiatric Rehabilitation for Transitional Age Youth.

We are here for you...and only you.

Call us at 610 867-0688 for more information.  
All calls are confidential.

